

CURRICULUM VITAE

Ruta P. Mazelis

CONTACT INFORMATION

E-mail: rutamaz@eohio.net

EDUCATION

1982 Bachelor of Science in Physical Therapy
Cum Laude
Cleveland State University
Cleveland, Ohio

EMPLOYMENT

2009 – Present	Trainer/Consultant Witness Justice
2006 – 2009	Program Manager National Center for Trauma-Informed Care
2004 – Present	Trainer/Content Specialist Sidran Institute Baltimore, Maryland
2004 – 2006	Board of Directors Center for Women, Violence and Trauma
2004 – 2005	Member Trauma Knowledge Utilization Project
2003 – Present	Board of Directors National Trauma Consortium
1998 -- 2004	Consultant, Coordinating Center SAMHSA Women, Co-Occurring Disorders, and Violence Project
1990 – 2009	Editor The Cutting Edge
1988 -- 1989	Outpatient Adolescent Substance Abuse Counselor The Covenant Cleveland, Ohio
1985 -- 1987	Senior Counselor, Inpatient Chemical Dependency Unit Glenbeigh Hospital

1982 -- 1984

Cleveland, Ohio
Physical Therapist
Women's General Hospital
Cleveland, Ohio

RECENT ACTIVITIES

Consulting

Engaging Women Trauma Survivors in Peer Support: A Guidebook. National Center for Trauma Informed Care. Alexandria, VA. April 7, 2011.

Building Resilience and Recovery with Trauma Informed Practices (TIPS) for Behavioral Health Services in Public Health System Programs: Special Expert Resource. Washington, DC. Oct. 19-20, 2010.

Commonwealth Center for Children and Adolescents. Staunton, VA. July 13, 2010.

Iowa Protection and Advocacy Services. Des Moines, IA. June 16, 2010.

Iowa Medical and Classification Center. Oakdale, IA. June 15, 2010.

Federal Roundtable on Women and Trauma. Federal Partners' Senior Workgroup for Mental Health Transformation Committee on Women and Trauma. Washington, DC. April 29, 2010.

Community Integration: PACT team and Recovery Learning Center. Staff dialogue. Allston, MA. May 13, 2010.

Dialogue on Self-Inflicted Violence. National Association of State Mental Health Program Directors. Feb. 10, 2010.

In Sisterhood: A Guide to Trauma-informed Peer Engagement and Healing. National Center for Trauma-Informed Care. Arlington, VA. Sept. 21-22, 2009.

National Leadership Forum for Behavioral Health and Criminal Justice Services. Washington, DC. February 12, 2009.

Trauma Informed Care State Dialogue Meeting. Arlington, VA. Dec. 9-10, 2008.

Trauma Informed Care: Peer Dialogue Meeting. Arlington, VA. Dec. 9, 2008.

Los Angeles Times. Los Angeles, CA. Dec. 1, 2008.

National Leadership Forum for Behavioral Health and Criminal Justice Services. Washington, DC. Sept. 12, 2008.

National Association of State Mental Health Program Directors Peer Leadership Meeting on Trauma-Informed Care. Washington, D.C. July 10, 2008.

Commonwealth Center for Children and Adolescents. Staunton, VA. June 27, 2008.

National Leadership Forum for Behavioral Health and Criminal Justice Services. Washington, DC. June 12, 2008.

Riverview Psychiatric Hospital. Augusta, ME. May 6, 2008.

Center for Mental Health Services Arab/Muslim Youth Summit. Dearborn, MI. March 25 – 26, 2008.

National Leadership Forum for Behavioral Health and Criminal Justice Services. Washington, DC. Feb. 26, 2008.

National Technical Assistance Center for State Mental Health Planning Annual Meeting of the Steering Committee and Grantees for Alternatives to Restraint and Seclusion. Washington, DC. Jan. 8 – 10, 2008.

The National GAINS Center for Systemic Change for Justice-Involved People with Mental Illness Meeting On Evidence Based Practices. Bethesda, MD. Sept. 6, 2007.

National Technical Assistance Center for State Mental Health Planning Meeting on Trauma Informed Care for Peer Specialists. Alexandria, VA. Aug. 27, 2007.

Pittsburgh Gazette. Pittsburgh, PA. Interview. June 5, 2007.

Justice-Involved Men and Trauma Workgroup Meeting: The National GAINS Center for Systemic Change for Justice-Involved People with Mental Illness. Bethesda, MD. Nov. 30, 2006.

Ohio State Trauma Forums. 10/2006 – 6/2007.

National GAINS Center for Systemic Change for Justice-Involved People with Mental Illness, Annual Workgroup Meeting. Bethesda, MD. Oct. 4, 2006.

Freedom Center Radio. Northampton, MA. Interview. Sept. 27, 2006.

National Public Radio. Cleveland, OH. Interview. June 6, 2006.

WVIZ Public Television. Cleveland, OH. Guest Panelist. May 25, 2006.

After the Crisis: Healing from Trauma Following Disasters, Experts Panel Meeting. Bethesda, MD. April 24-25, 2006.

SafePlace Domestic Violence and Rape Crisis Center. Technical and editorial assistance. Austin, TX. Jan. - Oct. 2006.

The Surgeon General's Workshop on Women's Mental Health. Denver, CO. Nov. 30 - Dec. 1, 2005.

National GAINS Center for Evidence-Based Programs in the Justice System, Annual Workgroup Meeting. Bethesda, MD. Oct. 20, 2005.

Taking the Next Step: A National Forum on the Health and Social Impact of Trauma. Alexandria, VA. June 13, 2005.

National GAINS Center for Evidence-Based Programs in the Justice System, Trauma Expert Panel Meeting. Bethesda, MD. April 25, 2005

Trauma and Mental Health Systems Transformation. Center for Mental Health Services. Bethesda, MD. Feb. 14, 2005.

National GAINS Center for Evidence-Based Programs Workgroup. Washington, D.C. Jan. 12, 2005.

Cleveland Plain Dealer. *The Razor's Edge: Inside the secretive world of young cutters*. Interview. Jan. 9, 2005.

National Public Radio. Kent. OH. Interview. Dec. 13, 2004.

Transforming Care for Trauma Survivors in the Public Mental Health System: Action Planning Agenda. Bethesda, MD. Sept. 8, 2004.

Deseret News. *Cutting away the pain*. Interview. March 14, 2004.

Publications

Self-Injury: Understanding and Responding to Those Who Live With Self-Inflicted Violence. Author. Published by The National Center for Trauma Informed Care, funded by The Center for Mental Health Services/SAMHSA. Spring, 2008.

Living With and Healing From Self-Injury (Self-Inflicted Violence). Author. Published by The National Center for Trauma Informed Care, funded by The Center for Mental Health Services/SAMHSA. Winter, 2008.

Self-Injury: Understanding and Responding to Those Who Live With Self-Inflicted Violence. Author. Published by The National Center for Trauma Informed Care, funded by The Center for Mental Health Services/SAMHSA. Winter, 2008.

Understanding and Responding to People in the Criminal Justice System Who Live with Self-Inflicted Violence. Author. Published by The National Center for Trauma Informed Care, funded by The Center for Mental Health Services/SAMHSA. Fall, 2007.

It's My Time to Live: Journeys to Healing and Recovery. Co-author. Published by the Center on Women, Violence and Trauma. June, 2007.

Retraumatization: Working Paper for the SAMHSA After the Crisis: Healing from Trauma after Disasters Expert Panel Meeting. Co-author. April 24, 2006.

Journal of Substance Abuse Treatment. Co-editor. Issue 28, 2005.

Scholarship, Collaboration, Struggle, and Learning in the Women, Co-Occurring Disorders and Violence Study: Introduction to the Six-Month Outcome Papers. Co-author. *Journal of Substance Abuse Treatment*, 28 (2005) 87-89.

Improving the Quality of Demonstration Research: Integrating those with Personal Experience. Author. *Journal of Substance Abuse Treatment*, 28 (2005) 147-148.

Women, Co-Occurring Disorders, and Violence Study: Evaluation design and study population. Co-author. *Journal of Substance Abuse Treatment*, 28 (2005) 91-107.

Outcomes for Women with Co-Occurring Disorders and Trauma: Program and Person-Level Effects. Co-author. *Journal of Substance Abuse Treatment*, 28 (2005) 121-133.

The Assessment of Trauma History in Women with Co-occurring Substance Abuse and Mental Disorders and a History of Interpersonal Violence. Co-author. Journal of Behavioral Health Services and Research, 32:2 (2005) 113-127.

Development and Implementation of a Multisite Evaluation for the Women, Co-Occurring Disorders and Violence Study. Co-author. Journal of Community Psychology, 33:4 (2005) 441-427.

Developing Consumer/Survivor/Recovering Voice and Its Impact on Services and Research: Our Experience with the SAMHSA Women, Co-Occurring Disorders and Violence Study. Co-author. Journal of Community Psychology, 33:4 (2005) 513-525.

The Role of Coercion in the Treatment of Women with Co-Occurring Disorders and Histories of Abuse. Co-author. Journal of Behavioral Health Services and Research 32:2 (2005) 167-181.

Developing Integrated Services for Women with Co-Occurring Disorders and Trauma Histories: Lessons from the SAMHSA Women with Alcohol, Drug Abuse and Mental Health Disorders who have Histories of Violence Study. Co-author. Published by SAMHSA, April 2004.

Understanding and Responding to Women Living with Self-Inflicted Violence. Author. Published by SAMHSA, Oct. 2003.

Creating Trauma Services for Women with Co-Occurring Disorders: Experiences from the SAMHSA Women with Alcohol, Drug Abuse, and Mental Health Disorders who have Histories of Violence Study. Co-author. Published by SAMHSA, August 2003.

Tapestry: Weaving a fabric for change. Co-editor. Publications of the Women, Co-Occurring Disorders and Violence Study, SAMHSA, 2000-2003.

SIV: Roots and Reasons. Contributing author. New Partnerships for Women Consumer Curriculum Handbook. Madison, WI. June 1, 2002.

Collaboration in Instrument Design: Working Together to Better Understand. Author. Tapestry, a publication of the Women, Co-Occurring Disorders and Violence Study, SAMHSA, Summer 2002.

The Integration of Consumer/Survivor/Recovering Women: An Evolutionary Process. Author. Tapestry, a publication of the Women, Co-Occurring Disorders and Violence Study, SAMHSA, Summer 2001.

Research Strategies That Give People A Voice. Co-author. Tapestry, a publication of the Women, Co-Occurring Disorders and Violence Study, SAMHSA, Spring 2000.

The Cutting Edge: A Newsletter for People Living with Self-Inflicted Violence. Editor. Published quarterly 1990-2008.

Presentations

"Between the lines" Alternative Perspective Film Series. Springfield, MA. May 11, 2011.

"Between the lines" Alternative Perspective Film Series. Pittsfield, MA. May 11, 2011.

"Between the lines" Alternative Perspective Film Series. Framingham, MA. May 10, 2011.

"Between the lines" Alternative Perspective Film Series. Greenfield, MA. May 9, 2011.

Self-Inflicted Violence: Complex Problem, Simple Solution. Western Massachusetts Recovery Learning Center. Greenfield, MA. May 9, 2011.

Trauma: What is it, why does it matter? Santa Cruz County Mental Health and Substance Abuse. Santa Cruz, CA. April 14, 2011.

Trauma: What is it, why does it matter? Michigan Peer Support Specialists. Roscommon, MI. Oct. 6-7, 2010.

Trauma: What is it, why does it matter? Michigan Peer Support Specialists. Roscommon, MI. Oct. 4-5, 2010.

Self-Inflicted Violence: Complex Problem, Simple Solution. Connecticut Valley Hospital, Hartford, CT. Sept. 17, 2010.

Celebrating the Journey. Keynote address. The First Decade of the Trauma Initiative: Information, Celebration, and Inspiration conference. Hartford, CT. Sept. 16, 2010.

Self-Inflicted Violence: Complex Problem, Simple Solution. Kentucky School of Alcohol and Other Drug Studies. Highland Heights, KY. July 19-20, 2010.

Trauma: What is it, why does it matter? Keynote address. Recovery: Your Choice, Your Life, 2010 Consumer Conference. Lansing, MI. July 22, 2010.

What is this "trauma" and why does it matter? Workshop. Recovery: Your Choice, Your Life, 2010 Consumer Conference. Lansing, MI. July 22, 2010.

Self-Inflicted Violence: Complex Problem, Simple Solution. Kentucky School of Alcohol and Other Drug Studies. Highland Heights, KY. July 19-20, 2010.

Self-Inflicted Violence: Complex Problem, Simple Solution. Commonwealth Center for Children and Adolescents. Staunton, VA. July 13, 2010.

Self-Inflicted Violence: Complex Problem, Simple Solution. Iowa Medical and Classification Center. Oakdale, IA. June 15, 2010.

Connection and reconnection: the role of relationship and collaboration in the recovery model. Our Complementary Roles: The Healing Power of Reconnection forum. Taunton, MA. May 14, 2010.

Mental health and addictions: The lens of personal experience and healing in recovery-oriented care. Our Complementary Roles: The Power of Recovery to Unite forum. Waltham, MA. May 12, 2010.

Self-Inflicted Violence: The Helpful Response. Conference call for peer specialists. National Association of State Mental Health Program Directors. Nov. 12, 2009.

When Self-Harm and Self-Help Are.....Both. Keynote address. Kentucky School of Alcohol and Other Drug Studies. Highland Heights, KY. July 21, 2009.

Self-Inflicted Violence: Complex Problem, Simple Solution. Kentucky School of Alcohol and Other Drug Studies. Highland Heights, KY. July 20-21, 2009.

Understanding Self-Inflicted Violence. Trauma-Informed Care: Eliminating Restraint and Seclusion in Texas State Facilities. Irving, TX. July 1, 2009.

Understanding Self-Inflicted Violence. Northern Virginia Mental Health Institute's 3rd Annual recovery Partnerships Conference. Falls Church, VA. June 25, 2009.

Trauma-Informed Care. Michigan Peer Specialists Conference. Higgins Lake, MI. June 1-2, 2009.

Trauma and Recovery: Self-Inflicted Violence. Creating Respectful and Trauma Informed Systems of Care for Human Service Settings: Wyoming Mental health and Substance Abuse Services Division. Cheyenne, WY. May 7, 2009.

Understanding Self-Inflicted Violence. Seclusion and Restraint Grantee and Steering Committee Annual Meeting. Bethesda, MD. April 29, 2009.

Self-Inflicted Violence: Complex Problem, Simple Solution. Big Springs State Hospital. Big Springs, TX. March 31 – April 1, 2009.

Peer Support: Self-Inflicted Behaviors. Creating Trauma Informed Systems of Care for Human Service Settings: Ohio Department of Mental Health. Columbus, OH. March 13, 2009.

Understanding and Responding to Youth who Self-Injure. Kentucky School Counselor Association Annual Conference. Lexington, KY. March 4, 2009.

Out of the Darkness: Trauma-informed Care. Missouri Families for Access to Comprehensive Treatment, taping for Missouri Public Television. Springfield, MO. January 8, 2009.

Out of the Darkness: Self-Inflicted Injury. Missouri Families for Access to Comprehensive Treatment, taping for Missouri Public Television. Springfield, MO. January 8, 2009.

Understanding Self-Inflicted Violence within the Context of Fostering Trauma-Informed Systems and Services. Trauma Informed Care State Dialogue Meeting. Arlington, VA. Dec. 9, 2008.

Trauma-Informed Care. Missouri NAMI 23rd Annual Conference. Lake Ozark, MO. Nov. 7-8, 2008.

Reframing Services: Listening to Survivors of Trauma. Supporting Strengths and Restoring Resiliency: Training Institute on Mental Health and Trauma. Iselin, NJ. Nov. 6, 2008.

Healing Self-Injury. Central Kentucky Counseling Association. Harrodsburg, KY. Oct. 17, 2008.

Self-Inflicted Violence: Complex Problem, Simple Solution. The Influence of Gender on Trauma Recovery: The Ninth Annual Worcester Institute on Loss and Trauma. Worcester, MA. Sept. 24, 2008.

It's My Time to Live: A Journey of Healing. The Influence of Gender on Trauma Recovery: The Ninth Annual Worcester Institute on Loss and Trauma. Worcester, MA. Sept. 24, 2008.

Self-Inflicted Violence: Complex Problem, Simple Solution. The Transformation Center/MPOWER. Holyoke, MA. Aug. 12, 2008.

Trauma-Informed Care. Michigan Peer Specialists Conference. Traverse City, MI. July 30-31, 2008.

Self-Inflicted Violence: Complex Problem, Simple Solution. Kentucky School of Alcohol and Other Drug Studies. Highland Heights, KY. July 24-25, 2008.

Opening Plenary: Lessons Learned from a Daring Duo. Dare to Transform: Revolutionizing Mental Health and Human Services. CMHS National Center for Trauma Informed Care. Washington, D.C. July 12, 2008.

Emerging From Silence – Trauma Informed Care and the Impact of Self-Injury. Dare to Transform: Revolutionizing Mental Health and Human Services. CMHS National Center for Trauma Informed Care. Washington, D.C. July 11, 2008.

Self-Inflicted Violence: Complex Problem, Simple Solution. Blue Ridge Community College. Weyer's Cave, VA. June 26, 20008.

Self-Inflicted Violence: Complex Problem, Simple Solution. Amistad Peer Support Services. Portland, ME. May 6, 2008.

Self-Inflicted Violence: Complex Problem, Simple Solution. Riverview Psychiatric Hospital. Augusta, ME. May 5, 2008.

What Is This "Trauma" and Why Does It Matter? Center for Mental Health Services Arab/Muslim Youth Summit. Dearborn, MI. March 26, 2008.

Responding To People Who Live With Self-Inflicted Violence In The Criminal Justice System. Center for Mental Health Services National GAINS Center Conference. Washington, D.C. March 18, 2008.

Preventing Self-Inflicted Violence. National Technical Assistance Center for State Mental Health Planning Annual Meeting of the Steering Committee and Grantees for Alternatives to Restraint and Seclusion. Presenter. Washington, DC. Jan. 8, 2008.

Self-Inflicted Violence. Syracuse Behavioral Healthcare. Syracuse, NY. Nov. 8, 2007.

Preventing Compassion Fatigue. Syracuse Behavioral Healthcare. Syracuse, NY. Nov. 8, 2007.

Trauma-Informed Care: Changing Treatment From What's Wrong to What Happened. New York Association of Psychiatric Rehabilitation Services 25th Annual Conference. Ellenville, NY. Oct. 3, 2007.

Self-Inflicted Violence: Complex Problem, Simple Solution. Kentucky School of Alcohol and Other Drug Studies. Highland Heights, KY. July 26-27, 2007.

Healing Self-Injury. FamilyLinks. Monroeville, PA. June 28, 2007.

Creating a Trauma Informed System of Care. Co-presenter. Oregon Department of Human Service, Oregon State Hospital. Salem, OR. May 30, 2007.

Healing Self-Injury. Applewood Centers. Cleveland, OH. May 11, 2007.

Understanding Self-Inflicted Violence. Exceptional Children: Hidden Disabilities Conference. Baton Rouge, LA. October 13, 2006.

Co-Occurring Disorders and Trauma. Exceptional Children: Hidden Disabilities Conference. Baton Rouge, LA. October 12, 2006.

Healing Self-Injury. 12th Annual "Safe Schools – Successful Students" Conference. Louisville, KY. Oct. 2, 2006.

Self-Inflicted Violence: Complex Problem, Simple Solution. Kentucky School of Alcohol and Other Drug Studies. Highland Heights, KY. July 27-28, 2006.

Helping Adolescents Who Live With Self-Inflicted Violence. National Mental Health Association. April 26, 2006.

After the Crisis: Healing from Trauma Following Disasters, Experts Panel Meeting. Bethesda, MD. April 24-25, 2006.

Healing Self-Injury. Sidran Institute East Baltimore Project. Baltimore, MD. Jan. 18, 2006

How to Measure Project Effectiveness: Evaluation of Program Administration. Co-presenter. Addressing Homelessness for People With Mental Illnesses and/or Substance Use Disorders National Training Conference. Washington, D.C. Oct. 28, 2005.

Self-Inflicted Violence: Complex Problem, Simple Solution. Pittsburgh Action Against Rape. Pittsburgh, PA. Oct. 14, 2005.

Healing the Wounds of Self-Inflicted Violence. New York Association of Psychiatric Rehabilitation Services, 23rd Annual Conference. Ellenville, NY. Sept. 23, 2005.

Self-Inflicted Violence: Complex Problem, Simple Solution. Kentucky School of Alcohol and Other Drug Studies. Highland Heights, KY. July 20, 2005.

Cross-site Implementation Learnings from the Women, Co-Occurring Disorders and Violence Study. Co-presenter. Dare to Act: Trauma Survivors, Practitioners, Researchers, and Policymakers Creating a Blueprint for Change. Baltimore, MD. Dec. 2, 2004

Self-inflicted Violence: Complex Problem, Simple Solution. Dare to Act: Trauma Survivors, Practitioners, Researchers, and Policymakers Creating a Blueprint for Change. Baltimore, MD. Dec. 2, 2004

Different Paths: Recovery in Action. Dare to Act: Trauma Survivors, Practitioners, Researchers, and Policymakers Creating a Blueprint for Change. Baltimore, MD. Dec. 1, 2004.

Healing the Wounds of Self-Inflicted Violence. New York Association of Psychiatric Rehabilitation Services, 22nd Annual Conference. Ellenville, NY. Oct. 1, 2004.

Adolescents and Self-Injurious Behavior. Health Foundation of Greater Cincinnati. Cincinnati, OH. Sept. 24, 2004.